



Gemstones for All: Five Gemstones for Men and Women

Brooches, Chains. Pendants. Rings. Gentlemen have a number of accessory options available and adding gemstones to fashion choices only allows for additional self-expression. Conventional wisdom would lead you to believe that gemstones are only features of women's accessories and jewelry. But, times are changing, and developing trends would suggest otherwise. Gemstones do not belong to just women – or just men for that matter. Gemstones are for everyone.

New Fashion or Timeless Trend?

If you follow celebrities, influencers, and trendsetters, you'll begin to notice what seems like a new fashion trend: gemstones! Gemstones are starting to make more of a statement for men as well – young and old – accenting rings, earrings, bracelets, necklaces, brooches, and more. But this androgynous trend is far from new. In fact, men from all backgrounds and from all over the world have been using gemstones in fashion throughout history dating back to the discovery of the earliest pieces of jewelry.

Gemstones have a rich history in fashion, each with their own story to tell. Let's dive into five gemstones that make for excellent, powerful additions to men's jewelry.

Ruby: Power and Boldness



The color red symbolizes humanity's strongest emotions of passion and fury. It is the color of our greatest desires, the blood that gives us life, and a symbol of battle. Such emotions and ideals are reflected in the energetic ruby. [Ruby](#) has been thought to provide all manner of virtues, such as vitality and invincibility in battle.

Often a favorite among gemstones historically, ruby is just as in demand today, with its value as prominent as ever. Ruby, a power move in fashion and bold choice in life, fits in well among unforgettable gold jewels. People are drawn to its color and the feeling of success and influence it brings.

Amethyst: Every Day is Regal



A bold and popular gemstone, amethyst has quite the history as a gemstone carrying great meaning. Due to its color, [amethyst](#) has been associated with the Greek god Dionysus (also known as Bacchus by the Romans), the god of wine. According to legend, amethyst was once connected to sobriety, sound mindedness, and protection. Because of this belief, warriors would make small cuts in their skin and place pieces of amethyst in the wound. The stones would inadvertently enter the bloodstream and as they blocked veins the warriors would seem vexed or drunk due to restricted blood flow. When the stones would dislodge, they were magically cured and attributed the “curing” to the power of the amethysts.

Throughout history, amethyst has been used to adorn royalty and religious figures. To this day you can still find amethyst as the chosen gemstone of bishops and even British royalty during the coronation. Amethyst is a noble symbol. Its color inspires power, boldness, and confidence.

Sapphire: Wear Your Style



Although they come in many shades and colors, the classic blue found in [sapphires](#) is one of the most distinguishable among gemstones in the world. From light and serene to dark and inky, there is a shade of blue for everyone. Truth, sincerity, and allegiance inspire those that choose to don sapphire. Sapphires can be found throughout history all over the world aiding in their steadfast following.

While most think of the iconic blue sapphire, these gemstones come in many colors and the options are endless. Each kind of sapphire is unique and worthy of appreciation, as are the people who wear them. Sapphire is noble and vibrant making it an excellent choice to accent stylings for all.

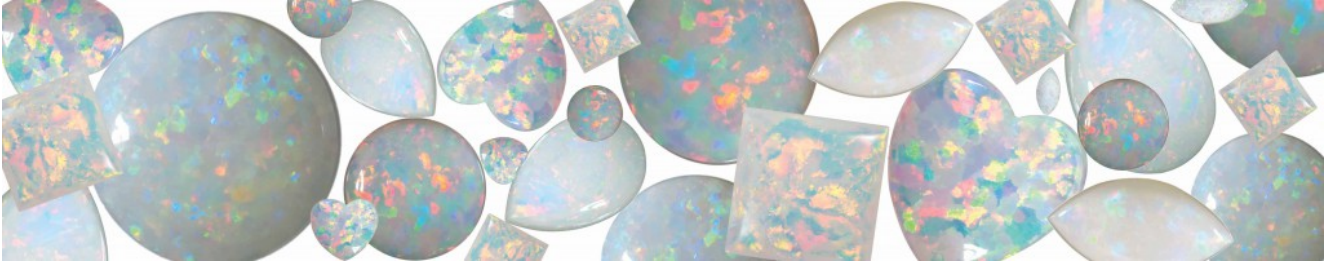
Emerald: Green with Envy



Ambitious and lively, [emerald's](#) notable green color is associated with opportunity and growth. Emerald is often connected to thriving landscapes, which ties in the virtues of relief and truth.

From Egypt and the Incan Empire to parts of Europe and Asia, the authority has a history of valuing the emerald. Emerald is a very calming, but powerful gemstone that makes for a great addition to anyone's fashion statement.

Opal: Make a Statement



The magic of mystery strikes with the colors reflected in [opal](#). Looking at opal, it is clearly not a traditional stone, but that does not detract from its intrigue. Historically, many have marveled at opal and found its colors inspiring. Others have associated it with the supernatural and the gift of prophecy.

Certainly unorthodox, opal's rich kaleidoscope of colors is for those that wish to stand out and make an impression. Opal symbolizes hope and encouragement. Making a statement is the true magic this gemstone brings to the wearer.

Gemstones for All

Gemstones carry history and meaning. It is in this history you can see that they have a place with everyone. Man. Woman. Young. Old. Fashion and accessories are an expression of self and as time goes on jewelers will begin seeing more variety in those who are looking for ways to express those personal styles.

The gemstones mentioned only scratch the surface of stones

used in modern fashion around the world. Other gemstones, such as tourmaline, garnet, and chrysoberyl, also make excellent gemstones for men and women. While Stuller may not carry every gemstone you might need, we are here to help you find exactly what you are looking for. You can special order gemstones through our network of sources.

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